



With each  
quiet moment,  
every warm embrace,  
I feel peace flood my  
soul & a smile come to my  
face. All I need, to recall  
hope, is your deep gaze &  
hand in mine. Your bright  
eyes & wise heart are my  
anchor, promise  
& lifeline.

poetry by Meghan Hindi ~ [www.TheHealingYouCanDo.com](http://www.TheHealingYouCanDo.com)  
art by Katie m. Berggren ~ [www.KmBerggren.com](http://www.KmBerggren.com)