



With each
quiet moment,
every warm embrace,
I feel peace flood my
soul & a smile come to my
face. All I need, to recall
hope, is your deep gaze &
hand in mine. Your bright
eyes & wise heart are my
anchor, promise
& lifeline.

Promises

poetry by Meghan Hindi ~ www.TheHealingYouCanDo.com
art by Katie m. Berggren ~ www.KmBerggren.com