M is for

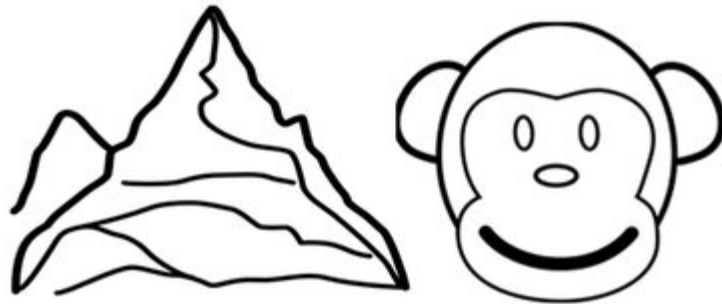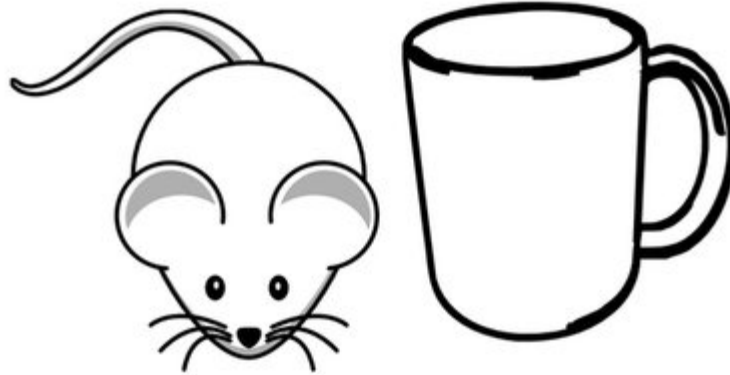Mm