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This coloring page has been created to provide UCR students, staff, and faculty with messages of empowerment, self-care, and support. We hope the distribution of these coloring pages will contribute towards a campus cultural shift of support, self-acceptance, and de-stigmatization of topics like mental health and sexual violence.

**CARE**  
CAMPUS ADVISORY  
RESPONSE & EDUCATION

UNIVERSITY OF CALIFORNIA  
**UCRIVERSIDE** | Healthy  
Campus

(artwork by Caylin Yurba-Ruiz)