Sunflower

Sunflowers belong to the Asteraceae family of flowers. Flowers from this family are like two different types of flowers combined. The center is made up of tiny clusters of florets with larger petals, called rays, extending outward. Sunflower seeds are edible and can be eaten raw or cooked. Oil can be extracted and used for cooking and soap making.

Types of Sunflowers:

(Find these in the list to the right)

American Giant

Red Sun

Teddy Bear

Velvet Queen

Irish Eyes

Other Flowers in the Asteraceae Family:

(Find these in the list to the right)

Marigold

Zinnia

Chrysanthemum

Daisy

Aster

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