

DID YOU KNOW?

Hand washing with soap and water can reduce sickness by up to 45%

WHEN SHOULD YOU WASH YOUR HANDS?



TRY THIS!

Sing *The Hand Washing Song* below to the tune of *Frère Jacques*. This song lasts about 20 seconds, the amount of time you should spend washing your hands.

Lather with soap
Rub your palms together
Now the backs
Of your hands
Interlace your fingers
Cleaning in between them
Now the thumbs
Clean your nails

